

Department of Art

Faculty:	Education of Art / Fine Art
Level:	'Bachelors' / 'Licentiate'
Module:	Art therapy
Module Code:	03.9-WA-EASP-ARTE
Module Type:	Core module
Introductory requirements:	-
Language of Delivery:	Polish
Module supervisor:	Agnieszka Graczew-Czarkowska, MA
Principal lecturer:	Agnieszka Graczew-Czarkowska, MA
Mode of Delivery:	Classes
Number of Hours:	30
Number of Hours per week:	1
Term:	1, 2
Assessment requirements:	A pass grade
Points ECTS:	4

Module Aims:

The module is delivered through a course of classes and students must obtain a pass at the end of each term. The main aim of the module is to attempt to find values in the sense of functioning cooperatively and establishing effective relationships in one's local surroundings. The role and essence of leadership in relation to individuality will also be examined.

The course is also concerned with developing a flexible way of creating therapeutic workshops; the structure and dynamic of a workshop; the broadening of the functions of a dialogue; developing the responsibilities of future therapists / instructors; awareness of the role of 'navigator'.

A variety of teaching methods will be used including class instruction, workshops, and presentations. Areas covered will also include:

- Discussion of and conception of projects
- Realization, modification and carrying action
- Action / Reaction, The Dynamics of Relations and Creative Stimulation
- Discussion-conclusions
- Verbalisation / Elements of a lecture/ The Idea of A Discussion
- Description Synopsis. Review, Evaluation

Practical Experimentation will develop:

- Moral Values and Artistic Skills
- Broadening One's Therapeutic Realities
- Interdisciplinary Attempts
- The Possession and Acquisition of Skills (A Authorised Conception of Work)

Examples of topics are:

- 'Mine' and 'I', 'Empathy', 'Recollection', and 'The Problem of Memory'
- 'Ice', 'Fairy Tales and their use in therapy', 'Themes and Symbols'
- 'Self Presentation -broadening your horizons', 'The author as initiator', 'The role and competence of the artist'

Module Outcomes:

The focus of the scheme of work is on building a sense of a valuable individual. Other issues covered include similarities and differences in the quality of treatment (and how the border is delineated between effective and non-effective therapy treatments); the issue of estimation and self-estimation (in particular questions of attitude - critical or uncritical; and evaluation - realistic and imaginary) ; communicating and receiving messages; the interpretation of signals; a sense of duty; a sense of identity; and illnesses and defects. Observing the existing conditions of a patient, examining their therapeutic prognoses, referring to a pro homini model, employing holistic ideas of the therapeutic role of art are also discussed.

Assessment requirements: -

Basic literature:

- Mieczysław Porębski: Sztuka a informacja - Wyd. Literackie, Kraków 1989;
Wita Szulc: Sztuka w służbie medycyny od antyku do postmodernizmu - Poznań 2001;
Red. Lidia Kataryńczuk-Mania: Wybrane elementy terapii w procesie edukacji artystycznej - Zielona Góra 2002.